

NW Selects, Female Hockey Organization, Fifth Annual Summer Mini-Camps

Kent, WA July 11, 2008 – NW Selects summer camps are a great way to keep sharp in the summer, while learning new skills along the way. NWS Camps are exclusively for females and feature some of the best coaches available. Everyone is welcome, no matter where you play in-season. NW Selects is a tournament travel team organization with U-12, U-14 and U19 "AA" travel teams.

NW Selects camps are structured so that they are completed in one weekend with only one night stay, if you are traveling. Players get 8 hours of ice time, 2 hours of dry-land training, 1 hour of classroom instruction ... and a lot of fun. The first of three camps will be held at Kent Valley Ice Centre.

Kent, Washington (July 19 - 20) – This camp is for all female players who have basic skating skills. Coaches will include former players and NW Select Coaches. There are no age restrictions for the camp, but we will be holding the number of skaters to 30, so sign-up soon. Cost is \$185.00. Ice times are: Saturday 7/19, 4:15pm-8:15pm and Sunday 7/20, 9:15am-1:15pm.

http://www.nwselects.org/signup_summer_2008.php

Tri-Cities (August 9 - 10) – This camp is designed for the younger female player, ages 5 - 14. A strong emphasis will be placed on skating & stick handling skill development ... and fun. Coaches will include former players and NW Select Coaches Candace Scott, Kim Lynch and Chantelle Russell. The camp will be limited to 30 skaters.

Portland (August 16 - 17) – The final camp of the season will be for all female players and will be run by Coach Tom Peart, Augsberg College. Tom has run our Portland camp for 2 years now and everyone loves his ability to teach hockey in a positive environment. Other NW Selects coaches will assist. The camp will be limited to 30 skaters.

For additional information, check the NW Selects web site at the following URL: <http://www.nwselects.org/>

You may also e-mail the NW selects at: Info@nwselects.org

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